

	 Stanford MEDICINE Department of Psychiatry and Behavioral Sciences	Policies & Procedures
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YogaX Tuition, Payment, and Refund Policies

YogaX has a clear and explicit tuition, payment, and refund policy. It is revised annually and posted on the YogaX website (see table below for the current version). YTT and other event participants apply the posted payment procedures and refund policies in place at the time of *initial enrolment*. At this time, YogaX is not charging any application fees. Payment schedules are available for teacher training events, but not for workshops or shorter YogaX events. Payments can be made by credit card (preferred) or check; no cash payments are accepted.

Tuition and Fees

Tuition and fees are fully disclosed on the YogaX website for each YogaX training event. Tuition is kept at the lowest possible level to ensure sustainability for YogaX, without the need or desire to realize profit. For some events, scholarships may be available. When this is the case, this is clearly noted on the YogaX website and in any flyers or announcements related to the event. It is requested that only students with financial need apply for scholarships to help us offer scholarships to those who might not otherwise be able to attend the training. The decision about whether to apply for a scholarship is on the honor system (in line with the yama of satya).

Cancellations

The program requires that any notice of cancellation or withdrawal by a student must be provided in writing. Cancellation fees vary by event and are reviewed and reposted annually (see table below for the current fees).

YogaX reserves the right to cancel events if so necessitated by circumstances or low enrollment. Cancellations will be made with the greatest possible advance notice. We strive to cancel within the following time parameters, unless exceptional events occur (such as a natural disaster, a pandemic, or another crisis situation that makes the event unsafe or inappropriate):

- For workshops, we seek to cancel no later than up to 3 days in advance.
- For teacher training or therapeutic yoga training retreats, we seek to cancel no later than up to 30 days in advance.
- For weekend teacher or therapeutic yoga trainings, we seek to cancel no later than up to 10 days in advance.

If YogaX cancels an event or training, a full refund of training cost and associated fees (e.g., room and board charges) is issued to all registered participants automatically and as quickly as possible. YogaX is not responsible for any *travel costs* (e.g., plane tickets) incurred by the participant.

Refunds

Participants who have to withdraw from a training need to do so in writing with an explicit request for a refund. Refund policies vary by event and are reviewed and reposted annually (see table below for the current version). *No refunds are provided once a training event has begun*, except in extraordinary circumstances. Such extraordinary events may include sudden and severe illness of the participant or a close family member, sudden and unexpected work relocation, or a similar emergent situation. In case of such an emergent event preventing the student from completing the training event, YogaX staff will provide a reasonable and fair refund.

Refunds are paid most easily and quickly if participants paid via credit card (the charge will simply be reversed). Slower processing of a refund occurs if the payment was made by check (as this will require the university to cut a check to the participant). We appreciate participants' patience in the latter circumstance, as this process is out of our hands.

Dismissal from a Training Event

YogaX reserves the right to remove participants from training events due to unacceptable behavior that is clearly outside of the YogaX Code of Conduct. Such unacceptable conduct includes but may not be limited to:

- harassment
- sexual harassment
- sexual misconduct
- behavior that is excessively and inappropriately disruptive to the training event and/or other participants
- behavior that physically, emotionally, or mentally endangers other participants or the instructors
- behavior that is clearly unethical, discriminatory, or unprofessional in the context of Yoga Alliance, IAYT, and YogaX Codes of Conduct

No refunds are granted if YogaX has to remove a participant from a training event for unacceptable conduct.

YogaX Training Event Payment and Refund Policies

<i>YogaX Event Payment and Refund Policies – effective FY 2023/2024</i>	
EVENT TYPE	YogaX Full-Day Workshop
Tuition Cost:	\$175; payable prior to the start of the event
Discounts:	No discounts; some events may be reimbursable through STAP for Stanford staff
Scholarships:	None
Work Trades:	None
Refund Policy:	<ul style="list-style-type: none"> • Full refund if cancelled at least 10 working days before the event • No refund if cancelled fewer than 10 working days before the event
EVENT TYPE	YogaX Half-Day Workshop
Tuition Cost:	\$100; payable prior to the start of the event
Discounts:	No discounts; some events may be reimbursable through STAP for Stanford staff
Scholarships:	None
Work Trades:	None
Refund Policy:	<ul style="list-style-type: none"> • Full refund if cancelled at least 5 working days before the event • No refund if cancelled fewer than 5 working days before the event
EVENT TYPE	YogaX Special Events Workshop
Tuition Cost:	Price variable based on event – see flyer for individual event; payable prior to the start of the event
Discounts:	No discounts; some events may be reimbursable through STAP for Stanford staff
Scholarships:	None
Work Trades:	None
Refund Policy:	<ul style="list-style-type: none"> • Full refund if cancelled at least 10 working days before the event • No refund if cancelled fewer than 10 working days before the event • Events with a very low cost are non-refundable (i.e., below \$50)

<i>YogaX Event Payment and Refund Policies – effective FY 2023/2024</i>	
EVENT TYPE	YogaX 200-Hour Teacher Training Retreats – per 100-Hour Immersion
Tuition Cost:	<ul style="list-style-type: none"> • \$1,750 up to 70 days prior to first retreat day per 100-hour immersion • \$2,250 fewer than 70 days prior to first retreat day per 100-hour immersion • payable by the date posted for the specific retreat event (typically 60 days prior to the start date) • NOTE: Cost of any necessary housing and/or travel for in-person events is not included
Discounts:	None other than early payment (see above)
Scholarships:	Scholarship may be available with special application – see procedures and deadlines posted online It is requested that only students with financial need apply for scholarships to help us offer scholarships to those who might not otherwise be able to attend the training; this is on the honor system (in line with the yama of satya)
Refund Policy:	<ul style="list-style-type: none"> • Full refund if cancelled at least 60 days before the first retreat day • 50% refund if cancelled fewer than 60 and more than 30 days before first retreat day • No refund if cancelled fewer than 30 days before the first retreat day

YogaX Event Payment and Refund Policies – effective FY 2023/2024

EVENT TYPE	
YogaX 200-Hour Yoga Teacher Training – Online and Hybrid Option	
Tuition Cost:	<ul style="list-style-type: none"> • \$3,500 for all weekly and weekend sessions combined if paid fewer than 30 days prior to first weekend • Can be paid in two installments in case of financial necessity; second payment due before 30 days prior to Term 2 • First or entire payment is payable by the date posted for the specific training cohort (typically 60 days prior to the start date) • Late payment and/or repeated necessity for requesting payments may result in late fees or processing fees – please inquire per event • NOTE: Cost of any necessary housing and/or travel for in-person events is not included
Discounts:	None
Scholarships:	<p>Scholarship may be available with special application – see procedures and deadlines posted online</p> <p><i>It is requested that only students with financial need apply for scholarships to help us offer scholarships to those who might not otherwise be able to attend the training; this is on the honor system (in line with the yama of satya)</i></p>
Refund Policy:	<ul style="list-style-type: none"> • Full refund if cancelled at least 60 days before the first training day • 50% refund if cancelled fewer than 60 and more than 30 days before first training day • No refund if cancelled fewer than 30 days before the first training day
EVENT TYPE	
YogaX 300-Hour Yoga Teacher Training – Online and Hybrid Option	
Tuition Cost:	<ul style="list-style-type: none"> • \$6,000 for all weekly and/or weekends combined if paid fewer than 30 days prior to the first training event • Can be paid in three installments of \$2,000 in case of financial necessity (due at least 30 days before the first, fourth, and seventh module) • Payable by the date posted for the specific training cohort (typically 60 days prior to the start date) • Late payment and/or repeated necessity for requesting payments may result in late fees or processing fees – please inquire per event • NOTE: There is a \$10 processing fee for registration for each module – a total additional cost of \$100 in registration fees • NOTE: Cost of any necessary housing and/or travel for in-person events is not included
Discounts:	None
Scholarships:	<p>Scholarship may be available with special application – see procedures and deadlines posted online</p> <p><i>It is requested that only students with financial need apply for scholarships to help us offer scholarships to those who might not otherwise be able to attend the training; this is on the honor system (in line with the yama of satya)</i></p>
Work Trades:	Limited work trade options may exist – check with YogaX staff
Refund Policy:	<ul style="list-style-type: none"> • Full refund if cancelled at least 60 days before the first training day • 50% refund if cancelled fewer than 60 and more than 30 days before first training day • No refund if cancelled fewer than 30 days before the first training day

YogaX Event Payment and Refund Policies – effective FY 2023/2024

YogaX 300-Hour Therapeutic Yoga Training – Online and Hybrid Option	
EVENT TYPE	YogaX 300-Hour Therapeutic Yoga Training – Online and Hybrid Option
Tuition Cost:	<ul style="list-style-type: none"> • \$6,000 for all weekly and/or weekends combined if paid fewer than 30 days prior to the first training event • Can be paid in three installments of \$2,000 in case of financial necessity (due at least 30 days before the first, fourth, and seventh module) • Payable by the date posted for the specific training cohort (typically 60 days prior to the start date) • Late payment and/or repeated necessity for requesting payments may result in late fees or processing fees – please inquire per event • NOTE: There is a \$10 processing fee for registration for each module – a total additional cost of \$100 in registration fees • NOTE: Cost of any necessary housing and/or travel for in-person events is not included
Discounts:	None
Scholarships:	<p>Scholarship may be available with special application – see procedures and deadlines posted online</p> <p>It is requested that only students with financial need apply for scholarships to help us offer scholarships to those who might not otherwise be able to attend the training; this is on the honor system (in line with the yama of satya)</p>
Work Trades:	Limited work trade options may exist – check with YogaX staff
Refund Policy:	<ul style="list-style-type: none"> • Full refund if cancelled at least 60 days before the first training day • 50% refund if cancelled fewer than 60 and more than 30 days before first training day • No refund if cancelled fewer than 30 days before the first training day